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Seine-et-Marne, the new journey

'A journey can occur where you least expect it, within easy grasp... Somewhere between the calm countryside and the effervescent crowds. Rich in colours and emotions, Seine-et-Marne will have you gallivanting about its surprising sceneries and landscapes. In 2024, you can even experience the Olympic and Paralympic Games at our Vaires-sur-Marne aquatic centre, but also throughout our sport-loving department, to savour each and every stage and rekindle your own inner Olympic flame.

Navigate Seine-et-Marne's peaceful blue waterways, hike and climb its fertile green forests, or pedal through its luminous yellow countrysides. Its inspiring colours will be highlighted this spring during the 150th anniversary of Impressionism, whose artists contemplated and then painted for all posterity Seine-et-Marne's magical landscapes. The department is also home to a thriving arts and crafts culture, whose practitioners sublimate our terroir produce and natural treasures. From materials to ideas, from designs to creations, from realisations to transmissions, come observe

up-close and even try your hand at our specialised skills and talents that only a journey through Seine-et-Marne can offer.

From the music of the water weaving through its rivers' rocks to the musical voices of its inhabitants, Seine-et-Marne is best experienced and explored fully and freely, on the water, by foot or by bike, no matter the season. At once authentic and natural, this land of adventures promises unforgettable human encounters and rejuvenations. Your snapshots will immortalise glances exchanged and smiles shared, translating a feeling of fulfilment and accomplishment revealed in each new discovery. All these experiences await you within the pages of this press pack, whose ideas we'd be delighted to personalise further during your upcoming stay in Seine-et-Marne!'



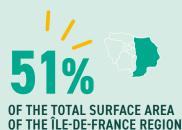
Visit press area





Olivier Morin,President of Seine-et-Marne Attractivité
Departmental Councillor for Attractiveness,
Tourism & Development





THE LARGEST DEPARTMENT OF ÎLE-DE-FRANCE



NEAR PARIS AND ITS INTERNATIONAL AIRPORTS: CHARLES DE GAULLE AND ORLY





MICHELIN-STARRED
RESTAURANTS:
L'AXEL, LE QUINCANGROGNE,
L'AUBERGE DE LA BRIE AND
LA VIEILLE AUBERGE

15 **031**

ROOMS

43M

TOURIST OVERNIGHT STAYS

+ 7% COMPARED
SAME PERIOD IN 2022
65% OF OVERNIGHT STAYS ARE FOREIGN

20,5м

TOTAL ARRIVALS IN 2023 IN SEINE-ET-MARNE

+ 7% COMPARED WITH THE SAME PERIOD IN 2022

65% OF ARRIVALS ARE FOREIGN

272GÎTES DE FRANCE® TOURIST COTTAGES



HOTELS

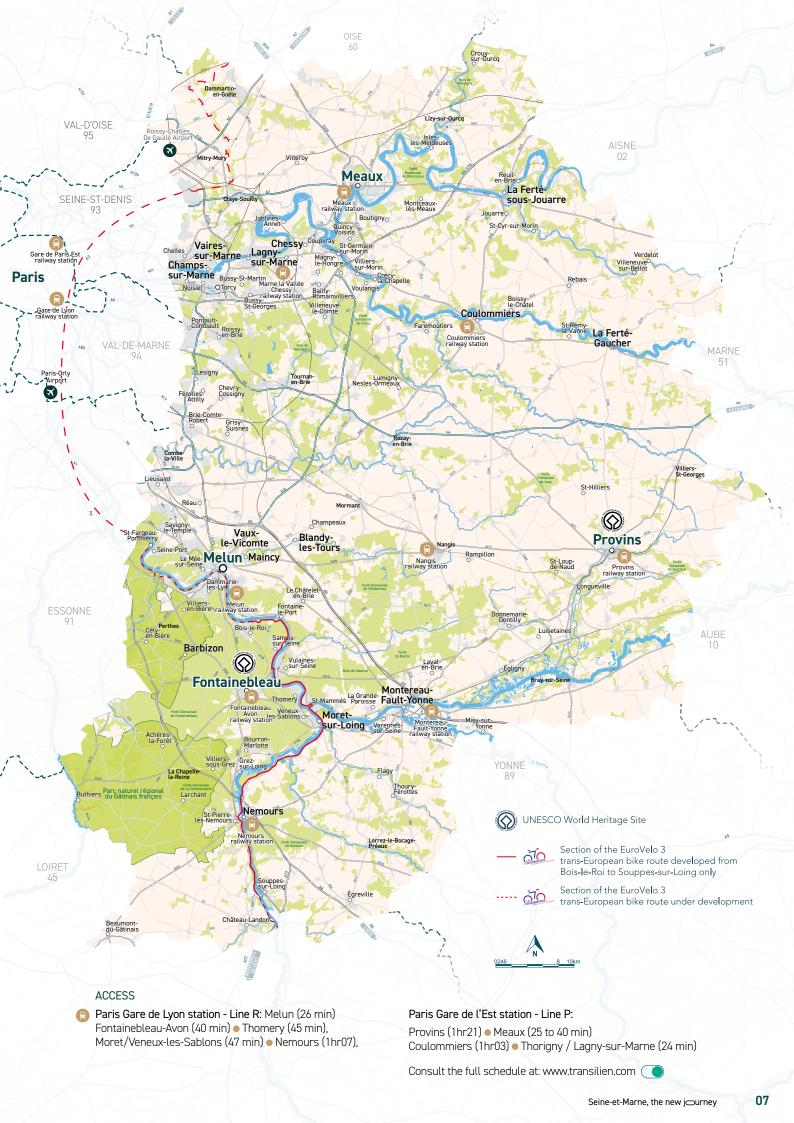
69
GÎTES DE FRANCE®
GUESTHOUSES

33 CAMPSITES

TOURIST RESIDENCES



VILLAGE DE VACANCES



THE 2024 -Olympic Games!

WHICH OLYMPIC **EVENTS WILL TAKE PLACE IN SEINE-ET-**MARNE?

The rowing events will take place from 27 July to 3 August, the canoe slalom events from 27 July to 5 August and the canoe sprint events from 6 to 10 August at the Île-de-France Olympic nautical stadium in Vaires-sur-Marne.

The same stadium will host the Paralympic rowing and canoeing events from 30 August to 8 September 2024.

130 years after the first Olympic Congress at the Sorbonne in 1894, we are delighted to welcome to the Paris region for the very first time together both the Olympic Games and the Paralympic Games! Awarded the 'Terre de Jeux 2024' quality label, Seine-et-Marne is preparing to host sportspersons and fans from all around the world. The department will be in the international spotlight, when it welcomes the canoeing and rowing events at its Vaires-sur-Marne aquatics centre.

COME EXPERIENCE THESE LARGER-THAN-LIFE GAMES!

2 memorable moments will mark Seine-et-Marne in 2024 with the passing of the Olympic and Paralympic flames:

• On 20 July 2024, 12 Seine-et-Marne municipalities will welcome the Olympic flame, including two UNESCO World Heritage Sites (Fontainebleau and Provins).

Discover the route of the Olympic flame.



Learn more about the 6 torchbearers.

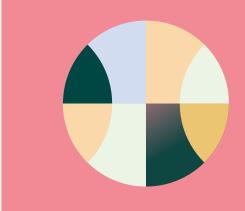


• On 27 August 2024, the Noyerie sports complex in Trilport and the national sports centre of the armed forces in Fontainebleau will welcome the Paralympic flame.

In addition, some fifteen Seine-et-Marne sites have been selected as training centres for the 2024 Olympic Games, with notably the towns of Meaux, Chelles, Fontainebleau, Pontault-Combault and Lagny-sur-Marne providing their facilities to the Olympic athletes preparing for the gymnastics, judo, handball, track and field, boxing, rowing, climbing, and canoeing competitions.

> Find all the latest news and the events calendar

THE FIRST ÎLE-DE-FRANCE DEPARTMENT TO HAVE BEEN AWARDED THE 'TERRE DE JEUX 2024' **QUALITY LABEL, SEINE-ET-MARNE PREPARES** TO BECOME A MAJOR OLYMPIC DESTINATION. A SPORTING TERRITORY OF CHAMPIONS.



On your marks... get set... 60 FOR THE CHALLENGE!

CHALLENGE N°1

MAIDEN RAFTINGS DOWN THE OLYMPIC RIVER AT VAIRES-SUR-MARNE

Thrill-seekers: paddle in the wake of three-time champion Tony Estanguet, as you raft down the Vaires-sur-Marne Olympic river.



CHALLENGE N°2

TRY YOUR HAND(S AND FEET) AT BOULDERING IN FONTAINEBLEAU FOREST

Bouldering is a rock climbing discipline all its own, only recently added to the Olympic Games (in 2020)! With its 30,000 sandstone boulders, 270 sectors and 280 loops, for beginners up to experts, Fontainebleau Forest is a world-renowned climbing destination.



CHALLENGE N°3

THE LUNGS-AND-LEGS-CHALLENGING '25 HILLS HIKE' IN FONTAINEBLEAU FOREST

The 'Circuit des 25 Bosses' in Fontainebleau Forest is a loop allowing you to explore the mysterious Massif des Trois Pignons.



CHALLENGE N°4

HOP ON A MOUNTAIN BIKE TO EXPLORE HAIR-TOUSLING TRAILS!

Setting out from the Buthiers sports and recreation park, a 2024 Olympic training centre, rent a mountain bike or hop on your own to explore the 120 km of marked trails: 8 loops of 3 to 40 km, ranging from green to red in difficulty.



CHALLENGE N°5

ROYAL TENNIS: KING OF SPORTS AND SPORT OF KINGS!

Give royal or real tennis a go! The 'sport of kings', which gave birth to today's tennis, is still played at a court in the Fontainebleau Palace that already hosted Olympic events back in 1908!



CHALLENGE N°6

AN OLYMPIC HORSE RIDE

Come live the Olympic dream with us at the Henson equestrian centre in Saint-Martin-en-Bière! After enjoying a trout about the forest, observe a training session with Roger-Yves Bost, aka 'Bosty', before heading to the stables to meet the equestrian legend in person. A rare and convivial opportunity for horse (and Olympics) lovers!

The 150TH ANNIVERSARY OF IMPRESSIONISM AN ARTISTIC REVOLUTION



IMPRESSIONISM, THE ARTISTIC **MOVEMENT EMBLEMATIC OF** THE 19TH CENTURY, THIS YEAR CELEBRATES ITS 150TH ANNIVERSARY. **BORN IN FRANCE IN THE 1870S.** IMPRESSIONISM MARKED A TURNING POINT IN ART HISTORY AND PROVED A VERITABLE REVOLUTION.

It all began on 15 April 1874, when a group of young painters opened an exhibition in the old studios of the photographer Nadar on Boulevard des Capucines in Paris. It was then that the art critic Louis Lerov ironically described this new movement as 'impressionist'.



This name would be adopted by the artists themselves during their exhibitions gathering together, between 1876 and 1886, some or all of the nine principal Impressionist painters: Gustave Caillebotte, Mary Cassatt, Paul Cézanne, Edgar Degas, Claude Monet, Berthe Morisot, Camille Pissarro, Pierre-Auguste Renoir and Alfred Sisley.

Impressionism greatly influenced openair painting. The Impressionist artists began painting outdoors, sur le motif (painting directly before or in front of the subject), to capture the natural lighting effects and the atmospheric changes.

The Impressionists travelled about and explored the French capital and its surroundings, assembling to form various artistic centres along the Seine River and as far as the Normandy coast. They thus regularly roamed about the Île-de-France region and Normandy, occasionally ambling even further...

Come celebrate the colourful heritage of this artistic revolution through a host of exhibitions, festivals, concerts, performances, guided tours, conferences and more, in Île-de-France and nearby Normandy.

www.voyagesimpressionnistes.com





PAINT YOUR OWN **COLOURFUL CANVASSES**

DISCOVER THE EVENTS IN SOUTHERN SEINE-ET-MARNE, IN AND AROUND BARBIZON, MARKED BY THE IMPRESSIONISTS AND ALSO THE PAINTERS WHO PRECEDED THEM.

BARBIZON, THE WORLD-RENOWNED 'VILLAGE OF PAINTERS'

> From 9 March to 16 June

The Museum of Barbizon Painters hosts the exhibition 'Remembering Théodore Rousseau', echoing the grand retrospective at the Petit Palais in Paris. Théodore Rousseau was considered the leader of the 'Barbizon School' painters and paved the way for the Impressionists in his outdoor painting of landscapes.

> From 12 March to 16 June (every Sunday at 3 PM)

Guided tours of the exhibition 'Remembering Théodore Rousseau'

> Saturday 27 April and Sunday 9 June

Guided forest walks: 'In the Footsteps of Théodore Rousseau'. Stroll through the forest to discover a few viewpoints where Théodore Rousseau painted his canvasses.

www.musee-peintres-barbizon.fr



Not to be missed

Stop by L'esquisse - Hôtel Culturel, with its café and museum, where you can admire diverse permanent exhibitions on the history of European artists' colonies and notably Barbizon's influence on those communities during the 19th century.

www.lesquissebarbizon.fr











RÉPUBLIQUE HORMAHDIE





voyagesimpressionnistes.com





ENJOY A ROMANTIC PADDLE ABOUT THE CHATEAU'S 'CARP POND', while from the boat feasting your eyes on the Château de Fontainebleau

ONE-OF-A-KIND

SEINE-ET-MARNE

EXPERIENCES!





U3

DON MEDIEVAL DRESS to participate in the 'Banquet of the Troubadours' in Provins, just like in the 12th century...

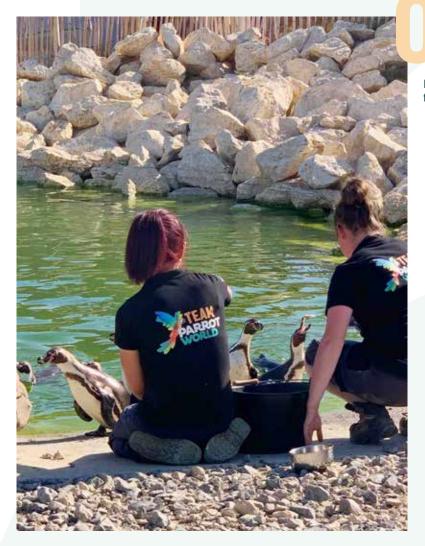




GO FOR A DOG-SLED RIDE in Fontainebleau Forest



STROLL ABOUT LE MOULIN JAUNE'S GARDENS, to discover the wonderful world of Slava Polunin, the 'world's greatest clown'



BECOME A ZOOKEEPER for a day at an animal park



LISTEN TO SWING on the Seine at La Buvette in Samoreau



GET YOUR HANDS STICKY during a 'Little Cheesemaker' workshop at the Maison du Brie de Meaux



BIKING + NATURE + FUN = FERRA BOTANICA, the botanical bikerail in La Ferté-Gaucher



CONTEMPLATE THE SUNSET from atop the dome of the Château de Vaux-le-Vicomte



ARE YOU INSPIRED? OTHER EXPERIENCES

AT seineetmarnevivreengrand.fr





by FOOT

THE MOST VAST AND VERDANT ÎLE-DE-FRANCE DEPARTMENT, **SEINE-ET-MARNE IS TRULY** A SPECIAL TERRITORY FOR HIKES AND NATURE WALKS.

A few figures:

4,700 kilometres of marked trails

250 short-distance trails (petites randonnées or PR) approved by the FFR (French hiking federation)

1,221 kilometres of long-distance trails (grandes randonnées or GR), FFR-approved and well-marked

tocus on 4 HIKING LOOPS EASILY **ACCESSIBLE VIA PUBLIC TRANSPORT**

Follow us



than an hour from Paris!

HIKE NO. 1

BARGING THROUGH THE FOREST

Departing from Moret-sur-Loing or Saint-Mammès



(Distance: 9 km

A loop combining two rivers, a canal, fluvial stops and canal locks, walking beneath the fresh forest canopy and by waterside gardens. Discover the picturesque bargee village of Saint-Mammès, at the confluence of the Seine and Loing rivers.

Discover on the 'Balad'Nature' app



TO SEE ALONG THE WAY

IN SAINT-MAMMÈS

- Water jousting on Sunday afternoons (May to September)
- An old canal lock built in 1724 and a lockman's house

IN MORET-SUR-LOING

- The bicycle museum

ÉTAPES GOURMANDES

IN SAINT-MAMMÈS

- La Boutique du Quai chocolatier and pastry shop, in the Saint-Mammès railway station
- Farmers' market on Sunday mornings

IN MORET-SUR-LOING

- La Palette (semi-gourmet restaurant), in an old inn over a century old, on the Loing River, where the painter Alfred Sisley notably stayed
- La Maison des Arts

PRACTICAL INFORMATION

Accessible via the Saint-Mammès railway station (49 min from Paris Gare de Lyon) or the Parking du Grand Jardin car park in Moret-sur-Loing

TO EXTEND YOUR STAY

IN SAINT-MAMMÈS

41 Quai de Seine, eco-friendly guesthouse www.41quaideseine.eu

IN MORET-SUR-LOING

Hôtes de Maïa, in an old barley sugar candy factory in Moret

www.msl-tourisme.fr



HIKE NO. 2

THE 'PETIT BARBEAU' WALK THROUGH THE VILLAGE **OF SAMOIS-SUR-SEINE**

Samois-sur-Seine > Samois-sur-Seine



Markings: yellow

Distance: 5 km

A walk along the banks of the Seine River and through the forest. Admire the flambovant villas known as Les Affolantes in Samois-sur-Seine, a great diversity of beautiful trees, and wonderfully scenic views.

Discover on the 'Balad'Nature' app



TO SEE ALONG THE WAY

- Les Affolantes, superb villas along the banks of the Seine
- The house and statue of the jazz virtuoso Django Reinhardt
- The Samois Tower
- Île du Berceau

TASTY STOPS

- La Maison du Pain bakery, with its small summer terrace
- Maison Sumac, café-restaurant and fine grocery
- Pizzeria Démé, with a terrace on the Seine

PRACTICAL INFORMATION

Access: departing from 43 Quai Franklin Roosevelt, 15 min from the Fontainebleau-Avon railway station,

TO EXTEND YOUR STAY

The Eden river barge moored on the Seine River quay, offering cruises

TO SEE ALONG THE WAY

- The priory church of Saint-Loup-de-Naud and its sculpted portal. Open year round
- The medieval 'Square Tower' (exterior)

TASTY STOPS

- Prepare your picnic in Sainte-Colombe or Longueville, then stop at the old washhouse picnic area in Saint-Loup

PRACTICAL INFORMATION

Access: railway stations of Sainte-Colombe or Longueville (1 hr 15 min) from Paris Gare de l'Est

TO EXTEND YOUR STAY

- J&J Accommodation
- Maison Vérosia guesthouse



HIKE NO. 3 **DISCOVER** SAINT-LOUP-DE-NAUD

Sainte-Colombe > Sainte-Colombe



Markings: yellow Distance: 5 km

This hike exploring a variety of landscapes takes you to Saint-Loup-de-Naud, a picturesque village famous for its rich architectural heritage: its old church, medieval tower, fortified farm, bourgeois houses, etc.

Discover on the 'Balad'Nature' app



HIKE NO. 4

GATEWAY TO THE CHAMPAGNE REGION IN ÎLE-DE-FRANCE

Saâcy-sur-Marne > Saâcy-sur-Marne

Moderately Distance: 12 km

In Seine-et-Marne, only three municipalities boast the Champagne protected designation of origin, and all three are located in the Pays Fertois: Citry, Nanteuil-sur-Marne and Saâcy-sur-Marne. Nanteuil is situated at the start of the champagne wine route.

Discover on the 'Balad'Nature' app





SEE THE tinerary



TO SEE ALONG THE WAY

IN SAÂCY-SUR-MARNE

- Deportation railway carriage from the Second World War
- Parc de la Royère to see deer
- View of the vineyards
- Natura 2000 zone

TASTY STOPS

- 'C'est déjà ça' cultural and community café in Saâcy-sur-Marne
- L'Auberge du Lion d'Or in Nanteuil-sur-Marne
- Les Abeilles Briardes, local honey producer in Saâcy-sur-Marne

PRACTICAL INFORMATION

Access and start of the hike: Nanteuil-Saâcv railway station, 49 min from Paris Gare de l'Est

TO EXTEND YOUR STAY

- Gîte de l'Île in Saâcy-sur-Marne
- Gîte de Nanteuil

The MAIN WALKING EVENTS



THE 'RANDO DES 3 CHÂTEAUX' HIKES

> 28 April 2024

Seine-et-Marne's walking event exclusively reserved for everyone! Several hikes for all abilities, with the loops exploring the department's natural and architectural heritage, including the 3 exceptional châteaux of Fontainebleau, Blandy-les-Tours and Vaux-le-Vicomte, not to mention various surprises and associated activities.

To learn more



'THE BIG HIKE TO PARIS'

> From 13 January to 12 May 2024

For the Olympic Games, the FFR (French hiking federation) has organised 120 days of hiking representing over 10,000 km, setting out from 16 French towns and following 7 verdant routes leading to Paris. The Coderando 77 departmental hiking committee invites walkers of all levels to join these hiking ambassadors as they pass through a portion of Seine-et-Marne on their way to the French capital. Two itineraries to discover from 2 to 8 May 2024.

www.randonnee-77.com

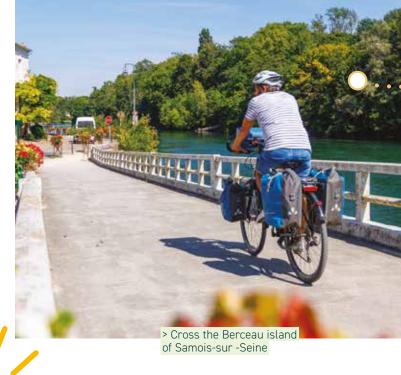


by BIKE

TO BICYCLE IN SEINE-ET-MARNE IS TO EMBARK UPON A NEW AND SURPRISING OUTDOOR JOURNEY. AS YOUR LEGS PEDAL YOU TO A ONE-OF-A-KIND EXPERIENCE.

ever changing depending on the season and, the weather. So hop on your bike and pedal off to explore our department's forests and rivers, its plains and picturesque villages.

Here, cycling's a passion!



SOUTHERN SEINE-ET-MARNE BY BIKE IS EVEN BETTER!

Bois-le-Roi > Souppes-sur-Loing

Very easy Distance: 55 km

The 'Scandibérique' bike route snaking through Seine-et-Marne!

The EuroVelo 3 long-distance bike route, linking Trondheim in Norway to Santiago de Compostela in Spain, offers 60 km of dedicated bike paths snaking along the waterways of southern Seine-et-Marne. The 'Scandibérique' promises pedallers fresh air and freedom on the outskirts of Paris, the opportunity to experience differently and directly the department's natural scenery.

Starting in Bois-le-Roi and heading south, you'll pedal by Moret-sur-Loing and through splendid landscapes and charming old villages. Wave to the pleasure boaters navigating the Seine River and the Loing Canal, as you cycle through a national forest and several nature reserves on your way to the history-steeped town of Souppes-sur-Loing, offering a host of sporting and cultural activities. Your legs and lungs permitting, you can continue pedalling all the way to Montargis...

Discover on the 'Balad'Nature' app





itinerary

TO SEE ALONG THE WAY

IN MORET-SUR-LOING

- 'Barley Sugar Museum' IN NEMOURS
- 'Prehistory Museum'
- Château-Museum

IN SOUPPES-SUR-LOING

- Cercanceaux Abbey

TASTY STOPS

IN NEMOURS

Des Lis Chocolat chocolatien

IN BOULANCOURT

- Le Safran restaurant

IN MONDREVILLE

- La Gâtine brewery

Facilitate your pedalling in Seine-et-Marne with our bike-friendly networks:

bike





AUTUMN MUST-DOS

La Ronde à vélo

A convivial, early-autumn sporting challenge for all cycling enthusiasts. This family-friendly event is also the perfect opportunity to discover Fontainebleau Forest, with outdoor activities for all ages and ability levels.



A brochure pleasure of bicycling in Seine-et-Marne.

> 28 routes and loops to discover, as well as our recommendations for stops along the way.

HEADING FOR THE CHEESES OF SEINE-ET-MARNE!

La Ferté-sous-Jouarre > La Ferté-sous-Jouarre

Very easy Distance: 12 km

Treat yourself to an authentic tasting of life in the French countryside, during this Brie-themed bike outing.

Starting in La Ferté-sous-Jouarre, historic capital of millstonemanufacturing, you'll take advantage of the Marne's shady riverbanks. During your bucolic ride, why not stop to purchase some Tome Meulière, the fragrant local cheese?! You'll certainly pause to admire the panoramic view of the Petit Morin River Valley, and a little further on, the picturesque footbridge of Courcelles-sous-Jouarre in its flowered setting.

Discover on the 'Balad'Nature' app







TO SEE ALONG THE WAY

- The 'Bergerette Wood' nature reserve

IN LA FERTÉ-SOUS-JOUARRE

- The British Memorial
- 'Pigeons' Fountain Park'

TASTY STOPS

IN LA FERTÉ-SOUS-JOUARRE

- La Fine Bouche restaurant
- O'berge restaurant

À JOUARRE

- Fromagerie Ganot cheese dairy
- Chèvrerie du Marteroy goat cheese dairy

TO SEE ALONG THE WAY

IN LAGNY-SUR-MARNE

- Place de la Fontaine square
- Notre-Dame des Ardents church

IN VAIRES-SUR-MARNE

- The Olympic nautical stadium

TASTY STOPS

IN LAGNY-SUR-MARNE

- Abeilles et Miel, for local honey
- Okookeat cookies

IN VAIRES-SUR-MARNE

- Le Rallye Nautique restaurant



COMBINING THE NAUTICAL AND PEDALLING PLEASURES

Lagny-sur-Marne > Lagny-sur-Marne



Very easy Distance: 17 km Elevation gain: 53 m

During this invigorating and verdant loop along the Marne River, be sure to stop by the Olympic nautical stadium at the sports and recreation park of Vaires-Torcy. Gourmand pedallers won't want to miss the Lagny market, every Wednesday, Friday and Sunday, for local farm-fresh produce!

Discover on the 'Balad'Nature' app



on the WATER

AS ITS NAME SUGGESTS, SEINE-ET-MARNE IS FRANCE'S FLUVIAL DEPARTMENT PAR EXCELLENCE!



> Canoeing or kayaking down the Grand Morin River



Saint-Mammès

On the Marne and Seine Rivers and the Ourcq and Loing canals, tranquil cruises allow you to admire the charming riverbanks and a plethora of picturesque landscapes. Numerous guinguette (open-air cafés or dance halls) are the perfect pick to enjoy a delicious meal or a refreshing drink in a convivial atmosphere with a waterside view. Their garlands of lights evoke the bals musettes of the Impressionist paintings. As for watersports enthusiasts, they can choose between windsurfing, paddleboarding, canoeing, kayaking, pedal-boating, or even white-water

To recharge your batteries with friends or family, renting an electric boat (no licence required) represents an excellent option!



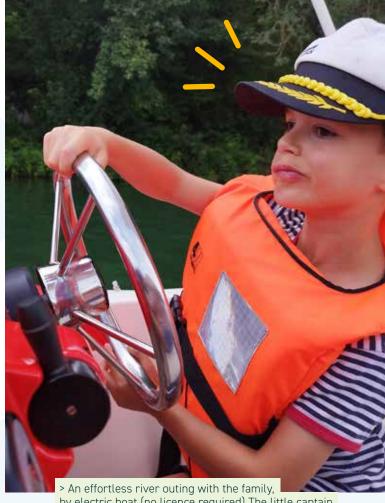
> BBQ boats in

Lagny-sur-Marne!





Enjoying an evening drink overlooking the Loing, at Les Terrasses du Moulin in Nemours



by electric boat (no licence required) The little captain, with his watchful parents as first mates

FESTIVE WATERSIDE EVENTS

CAP SUR LA MARNE 'THE GREAT ADVENTURE'

> 8 & 9 June 2024

Two days of exploring the surprising Marne River, by foot, by bike or by canoe/kayak, during this one-of-akind fluvial experience between the Seine-et-Marne, Seine-Saint-Denis and Val-de-Marne departments. Heritage discoveries, natural curiosities, and remarkable landscapes: your 'Great Adventure' awaits!

www.capsurlamarne.fr



'TWO RIVERS FESTIVAL' > From 14 to 16 June 2024

The festival's name refers to two rivers, the Petit Morin and the Marne, flowing through La Ferté-sous-Jouarre. A festival combining street music, international headliners, free performances and tourist outings.

www.fertejazz.com



THE MARNE FESTIVAL

> 22 & 23 June 2024

The Fête de la Marne offers the opportunity to enjoy numerous fluvial activities, with notably pedal-boating, beginning canoeing/kayaking lessons, and water skiing for children, not to mention riverside workshops, games and lots more surprises in Lagny-sur-Marne.

To learn more



PAYS DE NEMOURS ALONG THE LOING

> 28 July 2024

A full day dedicated to the Loing River, with beginning watersport lessons, demonstrations and fluvial outings, as well as environmental workshops, artistic activities, concerts, and catering. www.tourisme-paysdenemours.fr/en-gb



Find all the fluvial activities on offer in Seine-et-Marne at: seineetmarnevivreengrand.fr (

in the FOREST

FONTAINEBLEAU FOREST

AN 'EXCEPTIONAL FOREST' **COVERING 62,000 ACRES.**

Long ago known as Bière Forest, Fontainebleau Forest today constitutes the vastest natural space in all of Île-de-France.

A UNESCO Biosphere Reserve, the forest is worldrenowned amongst rock climbers for its exceptional bouldering, as well as attracting hikers, bikers, horse riders, and other outdoor enthusiasts.

No one way to discover the forest!





A phantom (and secret) stop in the heart of Fontainebleau Forest

A stop largely unknown to the general public, for absent from the R line plan. Here's what you need to know: the train stops only on Saturdays, Sundays and holidays, at 8:16 and 9:16 AM, and only in the direction from Paris Gare de Lyon to Montargis.

If you'd like to attempt the adventure, plan on a hike or a bike to hop on a returning Paris-bound train, at either the Fontainebleau/Avon or Bois-le-Roi railway

To learn more



DIVERSE ECOSYSTEM 5,685 species of plants

460

2,700

675

500

6.600 species of animals 560

species of birds

5,600 spécies of insects

PROPER PRACTICES FOR THE FOREST

- No trash bins are found in the forest, so be sure to bring your picnic trash back out with you.
- Fire is the forest's worst enemy! For obvious reasons, ban all barbecues, cigarettes and campfires.
- Pets must be kept under control at all times, all year long!
- Pick and gather with moderation! Flowers, mushrooms and dead wood can only be carried out in limited quantities for one's own personal use.
- The use of motorised vehicles is supervised within the forest. Avoid 4x4, quad or motorbike outings, which bother walkers, animals and plants, and deteriorate the paths.
- Avoid adventuring beyond the forest footpaths. Stepping off the trail accelerates the erosion of fragile areas and damages the forest's undergrowth and seedlings.











SEINE-ET-MARNE'S ANIMALS

UNDERSTANDING NATURE TO BETTER PROTECT IT

UNDERSTANDING NATURE IS ESSENTIAL FOR ITS PRESERVATION.

To protect biodiversity, it is necessary to comprehend the specific needs of fragile species and ecosystems.

Animal parks play an important role in this mission, by maintaining environments in which researchers and caretakers can study the behaviours and needs of rare species.



THE ATTILLY **WOOD ZOO**

Giraffes and lions, bears and bison... Quite a change from the deer and boar, the foxes and rabbits one so often sees in Seine-et-Marne! The exceptional Bois d'Attilly Zoo is home to some 500 wild animals from all four corners of the world, representing some 100 species of mammals and hirds

The discovery trail explores four thematic areas, where the zoo's diverse species live together in harmony. The miniature farm shelters gentle donkeys and dwarf goats, mischievous alpacas and amusing black-headed sheep from far-off Somalia. Ever a hit with children! Teenagers prefer the thrilling tigers and Andean condors, the panthers and hyenas...

This educational zoo helps raise awareness of the need to respect and protect nature and its rich biodiversity, as well as tackling essential issues of environmental protection, all while helping to preserve threatened species. In the springtime, the many births are sure to soften even the hardest of hearts!

www.zoo-attilly.fr





LUMIGNY **SAFARI RESERVE**

A peaceful haven for 160 felines roaming free within a 71-hectare (175-acre) nature reserve. Stroll down the shady lanes of this park to discover four natural worlds: Europe, Africa, Asia and the Americas, home to servals, cheetahs, black panthers, white lions, jaguars and many more wild cats, not to mention some sixty lemurs living freely upon their own spacious island welcoming visitors!

The spaces are designed to favour encounters without disturbing the animals, via panoramic viewpoints, observatories, plate-glass windows, footbridges, etc.

The ideal destination for nature photographers! The reserve's experts are skilled in the popularisation of science, helping to raise awareness among visitors of all ages of the different challenges linked to the preservation of biodiversity.



Primate enthusiasts can complement their visit by adding the 'Terre de Singes' option. Situated just across the road and also home to many brightly coloured birds, this animal park hosts numerous 'commented nuncheons'.

www.lumigny-safari-reserve.com



New for the summer of 2024 Sleeping with the lions

Opening of 'The Lion Kingdom' hotel, with rooms overlooking the great felines' enclosure! And be sure to savour a tasty change of scenery at the Africanthemed restaurant!

22 PROTECTED **NATURE RESERVES**

Seine-et-Marne is home to 22 fragile nature reserves (ENS). An ENS is a site recognised for its ecological and scenic qualities, whose preservation is necessary to guarantee the perennity of the department's rich natural heritage. To this end, Seine-et-Marne purchases and maintains these natural areas, rendering them accessible to the general public.

Each site stands out for its history, its particular characteristics, its cultural, architectural, athletic and/or recreational wealth. Indeed, if you're sporty, a lover of history or a keen observer of nature, you'll enjoy exploring every one of Seineet-Marne's natural areas.

Take the opportunity to discover them!

To learn more



SEA LIFE PARIS

Located in the heart of the Val d'Europe shopping centre, only 5 minutes from Disneyland Paris, the SEA LIFE aquarium invites visitors to discover the treasures of the marine world and the importance of their protection. With vast pools equipped with astonishing viewpoints perfectly suited to young children, the SEA LIFE aguarium presents a panorama of various ecosystems. from coral reefs to the oceanic depths to Amazonia. Experience such unforgettable moments as feeding tortoises or penguins, or observing up-close via underwater camera a starfish or a shark's egg... An incredible watery world awaiting exploration!

www.visitsealife.com/paris/en





PARROT WORLD

Passionate about parrots, Eric Vignot created the Parrot Wildlife Foundation. Well aware of the difficulties of recreating the proper conditions for these birds' reproduction, the committed philanthropist set out to construct a new generation animal park: Parrot World. An immense 10,000-sqm aviary allows hundreds of parrots and other birds to freely fly about, while a river is home to giant river otters, capybaras and jaguars. There's also a 2,000-sqm farm-animal petting enclosure, a giant playground, and an overlook onto the penguin pool.

www.parrotworld.fr/en





Sleeping in a lodge facing the animals

Who hasn't dreamed of spending a night in the Amazon rainforest?

Extend the experience by treating yourself an exotic stay in one of the 5 lodges inspired by the stilt houses that line the Amazon River.

SPORTS AND RECREATION PARKS

9 Seine-et-Marne sports and recreation parks improve the department's quality of life while helping to preserve its natural environment, for a plethora of recreational

Soak in the sun on your beach towel, explore the trails by foot, by bike or on horseback, or opt for one of many outdoor sports on offer: golf, rock climbing, mountain biking, sailing, cable skiing, surfing, treetop adventuring, etc. Discover the department's exceptional recreation parks in Bois-le-Roi (between the Seine and the forest), Jablines-Annet (the loveliest beach in Île-de-France), Saint-Fargeau-Ponthierry (a haven in the heart of nature), Souppes-sur-Loing (awarded the 'Blue Flag' quality label, in the Loing River Valley), Vaires-sur-Marne / Torcy (an Olympic nautical centre), Buthiers (sylvan escapades), La Grande Paroisse (paradise for windsurfers), Saint-Rémy-la-Vanne (family fun and relaxation) and Varennes-sur-Seine (on the banks of the Seine).

INCREDIBLE GARDENS

LUXURIANT PARKS AND SUPERB ENGLISH-AND FRENCH-STYLE GARDENS DELIGHT **WALKERS IN SEARCH OF HARMONY** AND AESTHETICISM.

Throughout the seasons, these naturals settings present fabulous canvasses of mosaiculture. Every visit is a new vegetal voyage!

Viscover SEINE-ET-MARNE'S 7 LABELLED 'REMARKABLE GARDENS'.





What is a 'Remarkable Garden'?

Created in 2004, the 'Remarkable Garden' label is awarded to parks and gardens of cultural, aesthetic, historic or botanical interest, be they public or private.

...Flowered

THE PROVINS ROSE GARDEN

"Mignonne allons voir si la rose..."

Legend has it that the Count of Champagne, Thibaud IV, brought the Rosa Gallica Officinalis back from the Crusades in the year 1240. Today, the town's floral symbol is an integral part of its historic heritage. The rose garden, covering 3.5 hectares (7.5 acres), is home to nearly 1,500 rose bushes and no less than 450 different varieties arranged by theme, not to mention a quaint tearoom selling rose-flavoured delicacies.

www.laroseraiedeprovins.com





... Majestic

THE GARDENS OF FONTAINEBLEAU

The English landscape garden was begun in 1812, when Napoleon Bonaparte commissioned the palace architect to create a 'picturesque park'. An artificial river and winding pathways constantly present new points of view. A pool marks the location of the legendary 'Belle Eau' spring. The 'Garden of Diana' is designed around the Fontaine de Diane, while the neoclassical statue of Diana from Marly dates from 1684. André Le Nôtre's classic Grand Parterre (1660-1664), with its 14 hectares (35 acres) of French formal gardens, extends beyond the Bassin des Cascades to form a long park through which flows the Henri IV Grand Canal. For a romantic touch, opt for a boat ride about the 'Carp Pool'.

www.chateaudefontainebleau.fr/en





THE GARDENS OF **CHAMPS-SUR-MARNE**

The gardens of Champs-sur-Marne admired by today's visitors are those reinvented by the Duchênes at the beginning of the 20th century and are considered one of the father-and-son pair's most beautiful creations amongst the various historic sites that they worked upon. Originally reinterpreted and improved by Claude Desgot, the park's classical composition blends seamlessly into an ensemble in which symmetry and the picturesque complement and beautify one another. The 80 hectares (198 acres) require constant gardening. 20 kilometres of hand-trimmed boxwoods form sumptuous embroideries of the parterres. Colourful gravelled spaces of red chamotte, white travertine and black coal animate the ground. A flowered square and an educational vegetable patch for school children round up the visit.

www.chateau-champs-sur-marne.fr/en





THE GARDEN OF **VAUX-LE-VICOMTE**

Vaux-le-Vicomte's vast garden is designed around a perspective of over three kilometres, a beautiful innovation by André Le Nôtre. This earliest example of the French formal garden comprises three successive terraces adorned with parterres and smaller gardens running along either side of the central pathway, prolonged by a perspective terminating with an imposing statue of Hercules. Statues and pools punctuate the park's perfect symmetry. However, this perfect vision is but illusory, thanks to the genius of Le Nôtre, for as strollers delve ever deeper into the park, they happen upon one surprise after another: subtle dissymmetries appear, and certain statues reveal themselves to be rough concretions of stone and cement. By artistically staging the château within its verdant setting of 33 hectares (81.5 acres) in the heart of nature, André Le Nôtre and Louis le Vau composed the 17th century's most perfect marriage of architecture and landscaping.

www.vaux-le-vicomte.com/en





...Artistic gardens

THE GARDEN OF THE BOURDELLE **DEPARTMENTAL MUSEUM**

A verdant setting created by Michel Dufet to magnify the oeuvre of his father-in-law, Antoine Bourdelle. The 7,000-sqm garden is home to 58 bronze silhouettes by Bourdelle, the majestic statues seemingly cut up by the shadows of their protective vegetation. Be sure to admire the famous Héraklès, Bourdelle's proud archer. Here, nature sublimates art.

www.musee-jardin-bourdelle.fr







Other out-of-the-ordinary gardens to discover

- The Japanese gardens of Favières > Inaugurated in 2023
- The medieval garden of the Templar Commandery in Coulommiers
- The sculpture garden of the Dhuys in Chessy
- The medieval garden of Donnemarie-Dontilly
- The 'Garden Isle' and the 'Pigeons' Fountain Park' in La Ferté-sous-Jouarre
- The Rentilly Cultural Park

THE RENTILLY **CULTURAL PARK**

A veritable earthly paradise playing good-naturedly with nature, the Jardin du Point du Jour marries art and the imagination to give birth to unique and enchanting creations. Beneath its vegetal cathedral, near the antique theatre, or in its 'fairy hall', you'll be transported back to your tender childhood, imagining the garden as a haven of exploration, ideal for whiling away the hours...

www.jardin-lepointdujour.com





'THE YELLOW MILL GARDEN'

CRÉCY-LA-CHAPELLE

In northern Seine-et-Marne, in Crécy-la-Chapelle, you'll be enthralled by the Moulin Jaune garden and theatre. Its creator, the Russian clown Slava Polunin, imagined this garden by weaving together his dreams, passions and memories of his travels. Read the press pack pages dedicated to this enchanting garden.

www.moulinjaune.com/en/







the GREAT GARDEN **EVENTS**

'THE FESTIVAL OF PLANTS & THE ART OF GARDENING'

- > 6 & 7 April 2024 in Blandy-les-Tours
- > 5 & 6 October 2024 at the Château de Jossigny

Two weekends dedicated to nature lovers, to celebrate plants and cultivate one's garden.

www.journeesdesplantesblandy.fr www.journeesdesplantesjossigny.fr



'THE PARK & GARDEN FESTIVAL'

> 4 & 5 May 2024 in Barbizon

In the same exceptional setting chosen by Camille Corot, Charles-François Daubigny, Jean-François Millet and Théodore Rousseau for their outdoor painting, this annual event celebrates plants, nature and biodiversity. The rich 2024 programme investigates the theme of 'Exploring Trees'.

www.barbizon.fr



'GARDEN COLOURS'

> June & July 2024

Seine-et-Marne's most beautiful gardens open their gates to you! www.77couleurjardin.com

'GARDEN GATHERINGS'

> 31 May, 1 & 2 June 2024

This event explores the theme of 'all five senses in the garden'. The perfect opportunity to discover the rich variety of green spaces, and discuss with their owners, landscapers, gardeners, etc.

rendezvousauxjardins.culture.gouv.fr





GREEN STAY IDEAS

Seine-et-Marne reveals itself to be a multifaceted and fascinating land of adventures. Between the age-old trees, the winding footpaths and the fun boulders of Fontainebleau Forest, each step leads you to a new natural history. Then, cruising a tranquil waterway, seduction plays its part in a fluvial and gastronomic experience. From the peaceful woods to the titillation of tastebuds, each moment promises an unforgettable immersion in the heart of the department's exceptional nature, heritage and culinary culture.

stay 1 Cabin, forest, and painters' village

FRIDAY

Arrival in Fontainebleau late in the morning

We tour the farmers' market, on Place de la République.
A lover of cheeses, I choose an expertly aged Brie de Melun at
La Fromagerie Loiseau. For my bread, I head to the Boulangerie
Dardonville, in Rue des Sablons. A few lovely seasonal vegies,
tomatoes, cucumbers, radishes, and a raspberry jam to
accompany the Fontainebleau fromage frais... our basket's
ready!

- **Picnic** on a bench within the château's grand parterre, with a view of the palace, watching the strollers and joggers... Simply paradise!
- Afternoon walk: 'In the footsteps of the forest's animals', heading out from La Faisanderie.

Our guide Yannick Dagneau, a passionate animal photographer, shows us the traces and tracks left by deer, wild boar and foxes... while a squirrel couldn't care less, as it acrobatically jumps from branch to branch.

• Evening: We discover our Gîte de France® lodging, L'Acousmahome, a cabin perched 6 metres up in the air, in Arbonne. Our host has prepared a delicious dinner of fresh local produce! We were smart to bring our headlamps, there's no lighting in the evening, for the animals' well-being, and also to better admire the myriad stars at nightfall.

SATURDAY

• Morning: In Achères-la-Forêt, our (furry) guides Marguerite, Hirondelle and Laïos await us for a 2-hour walk. Discovering the forest through the eyes of these attentive companions, well familiar with every trail... what an amazing experience! Perhaps next time, we'll also try our hands at a sculpting workshop? Virginie and Julien Colboc offer numerous packages, suited to every age and interest.

Lunch in Barbizon, on the shady terrace of La Bohême.

A digestive stroll along the paved lanes of the 'painters' village', admiring the houses with their colourful shutters, the art galleries and boutiques... During our next visit, we'll be sure to discover the 'Museum of Barbizon Painters'!







SATURDAY

Arrival in Meaux in the morning

Meet up at the Maison du Brie de Meaux.

Following a tour dedicated to this special Brie, the 'King of Cheeses', we roll up our sleeves for the family-friendly cheesemaking workshop. Our kids are super proud to produce their own French fromage frais! > for 5 years old and up

• A floating lunch for gourmands on La Péniche, with a view onto Saint-Étienne Cathedral.

To order without hesitation: a perfectly prepared filet mignon, and for dessert the delicious parfait or the 'café immense'!

• Afternoon: We take advantage of the fine weather to discover the Marne aboard an electric boat (no licence required) hired from Marin d'Eau Douce! Ahoy, mateys! Young and old take turns at the wheel, while exploring the banks of the Marne.

While we opted for the easy electric boat option, bicycling aficionados can freely borrow their bikes from the tourist office, via the VELMO app. I can recommend the 'Brie and Battlefields' loop (21 km), to further delve into Brie cheeses and also journey back in time to follow in the footsteps of the World War I soldiers.

Sleeping on an old patrol boat dating from 1924: Le Spicy (Gîtes de France®) was used by the German navy for surveying the coastline during the Second World War. Today's craft has been transformed into an atypical pleasure boat, somewhere between a river barge and a flagship, moored at the Meaux river stop! Resolutely out-of-the-ordinary!

SUNDAY

• Morning: At the Domaine de Monthyon, we'll immerse ourselves in French 20th-century cinematic history, the estate having hosted the Dorléac sisters, Romy Schneider, Marie-José Nat, Barbara, Claudia Cardinale and Isabelle Adjani, not to mention Jean Marais and François Truffaut...

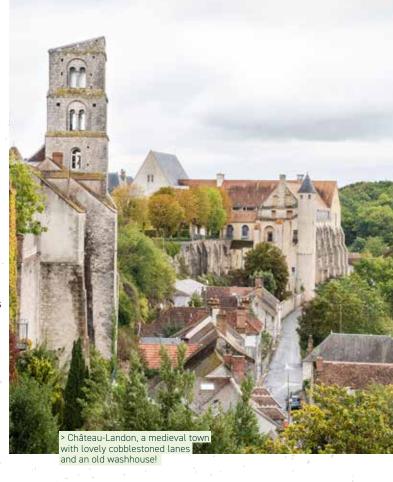
Recently labelled a Maison des Illustres ('House of the Illustrious') by the French Ministry of Culture, the estate reopens its doors in spring, offering you entry into the provincial hideaway of French cinema's most famous confident and artist: Jean-Claude Brialy.

SCINTILLATING VILLAGES

PERCHED ATOP A ROCKY OUTCROP OR NESTLED DEEP WITHIN A VALLEY, THE PICTURESQUE VILLAGES OF SEINE-ET-MARNE HAVE BASKED THEIR STONES IN THE SUN FOR GENERATIONS.

The department's authentic villages have a soul steeped in history and tradition. These living, endearing and occasionally mysterious localities picturesquely punctuate Seine-et-Marne's relief. Each village stands out for its singularity.

They all promise a warm welcome and quality services, easily accessible cultural activities, and a unique landscape and natural environment, not to mention an astonishing heritage.







Village de Caractère ('Picturesque Village')

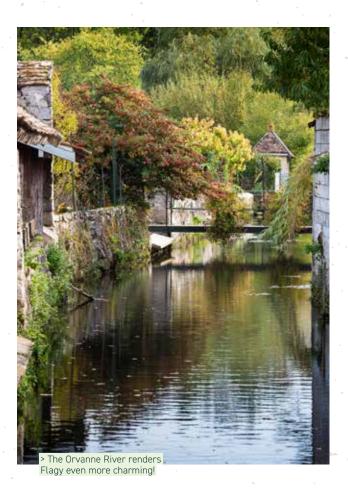
Set up by the department in 2014, this quality label promotes rural municipalities offering local tourist activities and services.





AULNOY, BARBIZON, BEAUMONT-DU-GÂTINAIS,
BLANDY-LES-TOURS, BOISSY-AUX-CAILLES,
BOULANCOURT, BOURRON-MARLOTTE, CARNETIN,
CHÂTEAU-LANDON, COUPVRAY, DONNEMARIE-DONTILLY,
DOUE, EGREVILLE, FLAGY, GREZ-SUR-LOING, GUÉRARD
LARCHANT, LESCHES, MAINCY, MOISENAY,
MONTCEAUX-LES-MEAUX, MONTIGNY-SUR-LOING,
MONTMACHOUX, NOISY-SUR-ÉCOLE, SAINT-AUGUSTIN,
SAINT-CYR-SUR-MORIN, SAINT-LOUP-DE-NAUD
SAINT-MAMMÈS, SAMOIS-SUR-SEINE, SEINE-PORT
THOMERY, VERDELOT, VILLENEUVE-LE-COMTE
VILLENEUVE-SUR-BELLOT









Chic château life in Seine-et-Marne

FONTAINEBLEAU PALACE,

A UNESCO WORLD HERITAGE SITE



This vast edifice is not only famous for its having played an integral role in the imperial adventure of Napoleon Bonaparte. It's also a château relating the history of France's greatest monarchs, allowing visitors to stroll through European history as well as

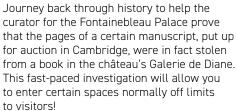
about its beautiful park and gardens. From King Philip II in the 12th century to Napoleon II in the 19th century, some forty sovereigns left their indelible mark upon the palace. King Francis I gave the château its Renaissance form, while Napoleon Bonaparte lent Fontainebleau its lasting legend. A synthesis of French architectural styles, the residence of 1,500 rooms (100 of which welcome visitors) offers a fascinating tour of French splendour.

www.chateaudefontainebleau.fr/en





A secret investigation



> Investigation at the Château - Season IV. Family visit. Every Sunday.



In the boots of a Musketeer



Immerse yourself in the intriguing court of King Louis XIII, and explore the vast palace echoing to the footsteps of the monarch's most famous and devoted Musketeer. Join the Cadets of the Guard, follow the courtier and Musketeer from room to room, and discover life at the royal château, with its saluting rapiers and marks of reverence. Help d'Artagnan foil the nefarious plot and witness the final duel held in the middle of the Oval Courtyard.

- > Immersive 45-minute visit.
- 7 years and older.



VAUX-LE-VICOMTE

THE CHÂTEAU THAT INSPIRED VERSAILLES

With its remarkable architecture, its extraordinary décors, and its singular garden, Vaux-le-Vicomte was born of the determined desire of its founder, Nicolas Fouquet, and the genius of his three commissioned artists: the architect Louis Le Vau, the painter-sculptor Charles Le Brun, and the landscape gardener André Le Nôtre.

The three masters, sternly supervised by Fouquet, combined their exceptional expertise to create one of the greatest masterpieces of the 17th century. On 17 August 1661, a mere five years after construction of the château had begun, Nicolas Fouquet hosted its inauguration in the presence of King Louis XIV, under whom he served as Superintendent of Finances.

Though the party was grandiose, the French sovereign would not stay to sleep in the 'King's Chamber', instead preferring his own palace at Fontainebleau... 19 days later, Fouguet would be arrested, on suspicion of treason, and would remain in prison for the rest of his days. However, the disgrace of their patron did not prove harmful to the careers of Le Brun, Le Vau and Le Nôtre. Indeed, they would subsequently be hired by Louis XIV to build the Sun King's spectacular new palace at Versailles.

www.vaux-le-vicomte.com/en





THE FABULOUS HISTORY OF VAUX'

immersive audio tour

Children discover the château in the company of the famous fabulist Jean de La Fontaine, Fouquet's friend, and Panache, a flying squirrel and the estate's (imaginary) guardian spirit... This tour, while destined primarily for younger visitors, is designed to also interest curious minds of all ages!

> Audio guide available at the front desk.





Crossing the Styx, river of the Underworld



This fun and interactive theatrical tour is based upon Jean de La Fontaine's version of the ancient Cupid and Psyche story. Guided upon the Styx River of the Underworld and equipped with headlamps and hip boots, you must overcome a series of challenges testing your agility and logic. An intense, out-of-the-ordinary adventure animated by professional actors!

> Immersive visit, upon reservation.

Watch the video



The CHÂTEAU DE **CHAMPS-SUR-MARNE** THE BELLE ÉPOQUE

Built upon a loop of the Marne River in the early 18th century, the Château de Champs-sur-Marne is a perfect example of the pleasure home. Successively the property of the Princess of Conti, the Duke of La Vallière and the Marguess of Pompadour, the Champs château hosted such famous guests as Diderot, d'Alembert and Voltaire. Echoing the grand townhouses of the Marais district of Paris under Louis XV, the estate owes its great fame to the Marquise de Pompadour.

The château dates back to 1706, when the wealthy financier Poisson de Bourvallais built his sumptuous residence upon the foundations of an old castle. Following his fall, the estate passed to the family of the Princess of Conti. In 1757, Madame de Pompadour, the famous favourite mistress of Louis XV, rented and renovated the château at great expense. The estate would subsequently pass from owner to owner, before being finally brought back to life in the 19th century by Count Cahen d'Anvers.

In 1935, the château became an official residence of the President of the French Republic, welcoming foreign heads of state during their official visits to France. Today listed as a national estate and a historic monument, Champs-sur-Marne has managed to preserve its particular atmosphere combining a love of art, a vivacious life of the mind, and an appetite for more worldly

www.chateau-champs-sur-marne.fr/en





Dragons have invaded the Château de Champs-sur-Marne! Dozens are hiding all about the château, will you be able to find them all?! Help your host save Champs-sur-Marne from these surprising pests, and who knows, perhaps you'll earn your official 'dragon hunter' diploma...

> Guided exploration, upon reservation. For 4 to 8 years of age. .





Château mysteries

Four family-friendly adventure games, with mysteries to elucidate and enigmas to solve, both in the château and out in the gardens. All you need is your smartphone with Internet! ...

> Adventure game. For 5 years old and up.

@globetolter



Delve into the Middle Ages

la MEDIEVAL TOWN OF PROVINS

JOURNEY BACK IN TIME



An old Champagne market town. Provins has managed to preserve its stone and half-timbered houses built atop superb vaulted cellars. Its 25-metre-high rampart walls and fortified gateways still encircle

the town and have been recently restored. Thanks to this exceptional architectural heritage, Provins was named a UNESCO World Heritage Site in 2001. The upper town is a wonderful illustration of medieval construction, while the ancient subterranean passageways - some of which welcome visitors - retain their mysteries regarding their utilisation throughout the centuries. The elaborate religious edifices testify to the fervour and wealth of the Counts of Champagne.

Today, Provins offers numerous events, activities and tours to immerse visitors in the 12th century, the golden age of this market town.

www.provins.net/en





Medieval dancing in the old square

Enjoy beginning medieval dancing lessons, with the branle, the basse danse or the pavane set to the music of the bagpipe-like cornemuse. Every Saturday afternoon, from June to September, on the Place du Châtel square. Then don your loveliest medieval outfit to participate in the grand ball held during the June medieval festivities, and also during the medieval Christmas market every December!

> Open to everyone! From June to September (free)



Immersion in the world of knights and princesses!



Daily spectacles allow you to wonder at magnificent birds of prey and full-costumed chevaliers. 'The Legend of Knights' is a historical pageant immersing you in the Middle Ages, when Provins welcomed valiant warriors and daring princesses. The passionate falconers of the 'Rampart Eagles' will demonstrate the ancient art of falconry, all within the authentic setting of the town's many-centuries-old ramparts.

> Historical spectacle for everyone, from April to November.



Delve into the Middle Ages

BLANDY-LES-TOURS A FORTRESS IN A CHARMING VILLAGE

This spectacular castle is a rare example of 14th-century military architecture. Recently renovated, the ensemble is dominated by an impressive keep rising 35 metres and offering an exceptional panoramic view of the surrounding area. Ringed by crenelated battlements and punctuated with towers, the late-medieval fortress can only be accessed via the old drawbridge.

The castle dates back to the Hundred Years' War, when it was built to protect the royal domain. Having miraculously survived the conflict for which it had been constructed, the edifice would only suffer much later the ravages of time. In the 18th century, Blandy-les-Tours belonged to the vast domain of Vaux-le-Vicomte, whose new owner, the Maréchal de Villard, had the framework of the outbuildings restored by dismantling the castle, leaving only an imposing ruin that was later acquired by the municipality in the 19th century. In 1992, the Seine-et-Marne department in turn purchased the estate and has since commissioned several stages of restoration work, along with archaeological digs.

Discover Blandy-les-Tours and travel back in time, via the site's numerous activities, events and tours.

www.chateau-blandy.fr







A celebration of little knights

> 20 & 21 April 2024

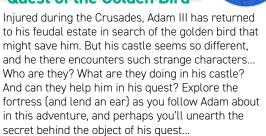
'Petits Chevaliers en Fête' entertainingly answers the question: what sports did the medieval lords and knights enjoy? This cultural Olympiad invites children to discover firsthand these historic sports. From scaling a pirate ship mast to tossing a menhir to archery practice, young visitors can see how they measure up to the castle's ancient occupants. Spectacle awarded the 'Paris 2024' quality label.

A family-friendly festival!



fortress

'Quest of the Golden Bird'



> For 10 years old and up

SLEEPING IN CHÂTEAU

THE MAJESTIC SETTINGS AND SURROUNDINGS, THE HISTORY ENGRAVED IN EACH STONE WALL. AND THE TIMELESS LUXURY ALL MAKE THESE ESCAPADES AN UNFORGETTABLE EXPERIENCE.



the CHÂTEAU OF ROSA BONHEUR

Sleep in the very bedroom of this renowned animal painter of the 19th century, the first woman to be awarded the French Legion of Honour in 1865, in tribute to her artistic talents. She was quite a character for her time, obtaining an exceptional derogation to wear pants, while smoking cigars and counting Buffalo Bill amongst her friends... Authentic, spacious and luminous, the rather mysterious suites offer splendid views of the château grounds and promise guests a delicious yesteryear stay.

www.chateau-rosa-bonheur.fr

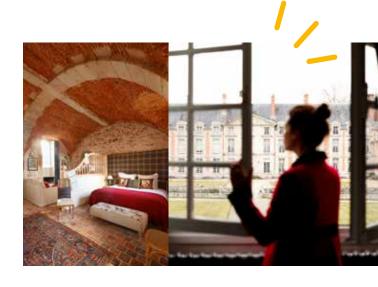




The Poterne de Fleury is a singular perched house that once served to survey the estate's surroundings. Elegantly furnished. this apartment offers an unobstructed panoramic view of the château and its grounds. 'Pierres d'Histoire' also offers stays in other emblematic locations of the Domaine de Fleury, notably the château tower, the lookout, and the restored stables.

www.pierresdhistoire.com/le-domaine-de-fleury







LIVING IT UP AT THE CHÂTEAU DE BOURRON

Built upon the foundations of an earlier medieval fortress, the luminous Château de Bourron boasts no less than 95 windows! It also stands out for its double grand staircase, modelled after that of Fontainebleau. Today, the estate offers visitors well-being sessions, with in-room massages, flotation baths, and Reiki treatments, or simply strolls about the adjacent forest. There's also an adjoining gastronomic restaurant, Les Prémices, for your singular sustenance.

www.bourron.fr



the GREAT HISTORICAL **FESTIVITIES**

FONTAINEBLEAU

'Napoleon Bonaparte at Fontainebleau: the 210th anniversary of his farewell to the palace guards

> 20 & 21 April 2024

The palace's main courtyard is also called the 'Farewell Courtyard', for at the bottom of the grand staircase, on 20 April 1814, Napoleon Bonaparte bid farewell to the royal guard prior to his exile on Elba.

In commemoration, this historic monument will host military demonstrations and a Napoleonic encampment, while also staging scenes from everyday life during the early 19th century and recreating the Emperor's final farewell.



VAUX-LE-VICOMTE

Candlelit evenings > From 1 June to 28 September

Les Soirées aux Chandelles are unique visits, to discover the château and its formal French gardens by the enchanting light of 2,000 candles. A romantic dinner, a champagne bar and fountains animating the pools complete this delicious, timeless evening. A monumental projection retraces the greatest events of Vaux-le-Vicomte's history, capped by a spectacle of gold and silver fireworks.

Grand Siècle soirée > 25 May 2024

Adorn yourself in your finest period dress and journey fashionably back to the time of King Louis XIV and Nicolas Fouquet, for this chic 17th-century evening at the château.

Enjoy a horse-drawn carriage ride, a live performance with Musketeers. a demonstration of Baroque dances, and a fancy-dress parade in the presence of Calixte de Nigremonte.

PROVINS

'Les Médiévales' of Provins, France's greatest medieval festival!

> 1 & 2 June 2024

During two days, troubadours, acrobats, clowns and other entertainers resurrect medieval Provins. with various artisans. merchants and medieval enthusiasts scattered all about the picturesque town. Dancing, music, games, jousts and street performances, not to mention the festival's vearly highlights: its traditional medieval ball, grand medieval concert, and must-see parade of some 700 persons in fancy period dress. Later, in December, lovers of the Middle Ages won't want to miss the medieval Christmas market! (



BLANDY-LES-TOURS

'The Seigniorials of Blandy' > 25 & 26 May 2024

Blandy Castle hosts a festive weekend dedicated to the various sports enjoyed during the Middle Ages. Choose your favourite knight during the colourful tournaments, or discover the ancient art of falconry. All weekend long, immerse yourself in the special medieval atmosphere. Saturday evening, a medieval banquet is followed by a concert, to prolong this historical and entertaining experience well into the night!

'Blandy in Lights' > Every Friday and Saturday from 28 June to 31 August 2024

This year, a brand new spectacle will take you on an immersive journey through the history of Blandy Castle, with its surprising conspiracies and fun festivities! (



MEAUX

Roissy Meaux air show > 23 June 2024

A must-see air show! This year's edition pays tribute to all female pilots, past and present. An exhibitors village, 200 reenactors of both World Wars, and diverse activities.

The 'Folles Époques' historical spectacle of Meaux > 8, 14, 15, 27 & 28 June and 5, 6 & 12 July 2024

From the ancient city of the Meldi tribe to the Roaring Twenties of the 20th century, an epic journey through 2,000 years of history, that of France and of Meaux, concentrating the efforts and talents of 500 volunteers in the heart of Meaux's episcopal city.



110th anniversary of the Battle of Meaux > 7 & 8 September 2024

As part of the 110th anniversary of the Battle of Meaux, an entire weekend for delving into the history of the First World War: commemorations, historical reenactments, guided tours, thematic walks, film screenings, a public ball, and more.



Seine-et-Marne's amazing museums





THE NATIONAL GENDARMERIE **MUSEUM**

MELUN

Inaugurated in 2015, this unique museum presents the history and heritage of one of France's oldest institutions. The arrest of the Bonnot Gang, the crime weapon for the Dominici case, even the heroics of the dog 'Gamin' in Algeria (first canine awarded a medal of merit) stimulate visitors' imagination as they also immerse themselves in the particular world of the elite GIGN unit. Multimedia and audio ambiances provide an interactive experience accessible to all visitors. gendarmerie.interieur.gouv.fr /musee (

> The museum regularly hosts escape games and workshops for families.

A REMARKABLE WOMAN

THE CHÂTEAU OF ROSA BONHEUR **THOMERY**

Ever since 25 May 1899, time has stood still in the studio of Rosa Bonheur. This museum-atelier shares with visitors the places where the artist worked for forty years and the special atmosphere she created around herself - an ambiance that still permeates her personal items on display.

Everything's there... The château's passionate owner, Katherine Brault, will guide you through the magical home of the very first woman awarded the French Legion of Honour. There's also a tearoom and guestrooms, to savour an elegant château stay (more information on page 42).

www.chateau-rosa-bonheur.fr



> Music lovers will be delighted to discover the château's summer concerts, from 6 July to 31 August, with a programme entirely dedicated to female composers.

First ever exhibition of works by Michel Bassompierre in the château gardens.



> Tell me all about airplanes!

THE SAFRAN AERONAUTICS AND SPACE MUSEUM RÉAU

The only museum dedicated to airplane engines, from the birth of aviation up to the present day, as well as explaining space propulsion. A gallery showcases a collection of engines and many models of launchers and satellites. Don't be surprised if afterwards you entertain an aerial or even out-of-thisworld career change!

safran-group.com/fr/groupe /histoire-patrimoine/musee-safran



> For 8 years old and up

To do: As a family, attempt the fun 'space exploration' escape game! Find a mysterious object to keep it safe from a nefarious spy.



Seine-et-Marne's amazing museums

MEMORIALS

THE GREAT WAR MUSEUM IN **MEAUX**

Situated near the First Battle of the Marne, this museum's 3,000 sgm of exhibition spaces present over 70,000 objects and documents from the First World War: uniforms, arms and artillery, various equipment, personal items, etc. A veritable WWI treasure trove showcased by an attractive and innovative scenography. The museum tour is designed to provide an immersive and intimate experience. This family-friendly museum (for visitors 5 years and older) also offers a family space where visitors can take a break, with the possibility of trying on uniforms, drawing and reading.

During the French school holidays, a multitude of thematic visits, workshops, spectacles, storytellings, etc. are also hosted.

Discover the current children's programme.





> DISCOVERING WITH A FAMILY

Escape game The museal brigade

Explore the museum while playing a game: join the 'Tiger Brigade' to solve a series of enigmas in under 30 minutes!

> NEW!

The educational trenches

> open 11 November 2024 in the museum park

An ensemble stretching some one hundred metres, designed to allow visitors to discover life in the World War I trenches, complete with fire steps, an artillery position, a listening post, and a no man's land.

> 2024 EXHIBITIONS



Sporting soldiers

> from 9 Sep. 2023 to 19 Aug. 2024

Discover sports within the French army, from 1914 to the present day! A photographic exhibition occupying the museum parvis and coinciding with the 2024 Olympic Games.

Fighting far from home. The French colonial empire during the First World War

> from 6 April to 30 Dec. 2024

The Great War Museum presents an exhibition focusing on the French colonial empire and its involvement in the First World War. With uniforms, photographs and a variety of other WWI memorabilia, discover the true roles played by these men and women, and how their actions would influence the future relations between their home countries and metropolitan France.



Seine-et-Marne's amazing museums

HERITAGE

THE EPISCOPAL CITY AND ITS BOSSUET MUSEUM MFAUX

Situated in the heart of Meaux's historic centre, the episcopal city constitutes the only architectural ensemble of its kind in all of Île-de-France. with its Saint-Étienne Cathedral, a masterpiece of Gothic art, a French formal garden, Gallo-Roman rampart walls, various medieval religious buildings, and the Bossuet Museum of Art and History, occupying for nearly a century the old bishop's palace. Guided and self-guided tours allow curious visitors of all ages a unique exploration of this fascinating heritage site.

Exhibition: 'Landscape painting in Seine-et-Marne during the Impressionist period' (18 May to 22 September 2024)

The landscapes of Seine-et-Marne lent their names to famous schools of painting during the 19^{th} century. The Bossuet Museum's exhibition showcases these departmental representations, from Barbizon Forest to the Grand Marin River Valley.

To learn more (



CULTURE

THE CASTLE-MUSEUM **NEMOURS**

Situated on the left bank of the Loing River, in the heart of the medieval centre of Nemours, this 12th-century edifice is a rare example of an urban fortress in Île-de-France. The museum's extensive collection notably includes a remarkable ensemble of 19th-century creations.

Exhibition: 'Woof!' An exhibition with bite! (from 6 April to 15 September 2024)

The third exhibition in this cycle dedicated to the collections of the Castle-Museum of Nemours focuses on animal art. Come discover our furry, feathery or scaly artistic subjects!

To learn more (



SWEET MYSTERY

BARLEY SUGAR MUSEUM MORET-SUR-LOING

Occupying the Moulin Provencher, a watermill on an isle of the Loing River, this museum presents the history of barley sugar, the oldest French sweet dating back to 1638. For over four centuries, this delicacy has remained the same, and its recipe is still secret!

To learn more



HEINOLITE

A VIKING LONGSHIP **PUISELET**

In August 2005, the crew of the Gungnir, (Dan, his wife Évelyne, and his 2 daughters) returned from Sweden aboard their Viking sailboat, magnificently inspired by the Gokstad drakkar, navigating from Scandinavia to France without assistance or any modern equipment. Today restored and dry docked, the longship testifies to three weeks of experimental navigation upon the Baltic and North Seas, braving storms and headwinds, to finally reach Nemours, south of Paris.

The *Gungnir* crew will present to you their boat, and the life of that famous and feared Scandinavian people. Enjoy the opportunity to climb aboard and explore the vessel. You'll also discover everyday Viking objects, as well as period dress. Certain visitors will take away a comic book, Vikingar, published by the intrepid daughters, Laura and Cindy!

To learn more (



Read the interview of Dan Derieux and his daughter Laura, ambassadors of 'Larger than Life Seine-et-Marne'. (





FIVE DEPARTMENTAL **MUSEUMS**

From the origins of humanity to space exploration, Seine-et-Marne's museums present the department's rich history. The five departmental museums form a diverse ensemble comprising the fine arts, prehistory, a societal museum, a writer's house, a sculpture garden...

In this manner, the Barbizon Painters Museum, the Île-de-France Museum of Prehistory in Nemours, the Seine-et-Marne Museum (and its exhibition 'Olympic Paris, 1900-1924-2024' from 28 April to 8 December 2024), the Mac Orlan House in Saint-Cyr-sur-Morin, the Stéphane Mallarmé Museum in Vulaines-sur-Seine, and the Bourdelle Museum-Garden in Égreville accompany curious visitors in their exploration of Seine-et-Marne's history.

The central role played by art in the department's history is notably celebrated in Barbazon at the atelier of Jean-François Millet, an emblematic figure of landscape painting whose oeuvre influenced the early Impressionists.



Dare a contemporary art experience

in Seine-et-Marne

the MOULIN JAUNE

The 'Yellow Mill' is the residence and creative laboratory of the renowned Russian clown Slava Polunin. Created in 2001 by the founder of 'Slava's Snowshow' as a way of living his life as a veritable work of art, the Moulin Jaune is home to several thematic gardens serving as stages for artistic performances. This 'Remarkable Garden' is also home to the 'Academy of Fools'. An oneiric park combining nature, creation and everyday life. Ever changing, the 4-hectare (10-acre) haven reveals a world at once real and marvellous, a subtle blend of art brut, science fiction and Felliniesque circus.

Occasional openings allow visitors a thematic immersion in the Moulin Jaune's out-of-the-ordinary atmosphere: 20 & 21 April, from 8 to 12 May, 1 & 2 June, 22 & 23 June, 14 & 15 September, and 12 & 13 October 2024. Creative picnics, entrancing music, joyful figures, surprising stages, immersive walks, and (of course) a most colourful dress code all combine to animate this special green space.

You won't want to miss the 'Mad Regatta'

imagined specially for the Olympic Games: 27 & 28 July and 3, 4, 10 & 11 August 2024, with the garden welcoming weird floating contraptions and poetic fantastical flotillas!

Guided 1 ½-hour tours of the garden, to hear stories from Slava's laboratory of creation, in French, English and Russian.

www.moulinjaune.com







SLAVA POLUNIN

Despite his dilettante airs, this world-renowned clown is a fierce worker, striving first and foremost to chase down his dreams and so attain absolute freedom.

At the age of 11, Slava discovered Charlie Chaplin in The Kid, which proved a revelation! He thenceforth knew exactly what he wanted to do. A few years later, he began learning the art of pantomime. Assissiaï, his clown persona in his signature yellow costume with red shoes, subtly combines the characteristics of his three great masters: the fabulous Soviet clown Enguibarov, the philosophical mime Marceau, and the moving comedian Chaplin. He subsequently gave birth to the project of a theatre home to wonderfully disparate clowns; that kaleidoscope of characters was embodied by the Polunin Troupe, which became extremely popular. Following its break up twenty years later, Polunin turned his attention to tragicomedy, seeking to reconcile the grotesque and the epic, and so 'bring the clown back to the theatre'. This led to a series of projects, with notably the 'Mime Parade' gathering together in Leningrad over eight hundred clowns from all over the Soviet Union, followed by a first street theatre festival and a 'National Congress of Fools'.

The 'Caravan of Peace', a travelling theatre, crisscrossed Europe, from Moscow to Paris. The 'Academy of Fools' sought to resuscitate the concept of the carnival and gave birth to the 'Ship of Fools' gathering together the world's most talented clowns, not to mention the legendary 'Snowshow', a marvellous snowstorm swirling about the world and carrying away circus enthusiasts of all ages.

Dare a contemporary art experience

in Seine-et-Marne

GALLERIA CONTINUA

Astonishment! Such is the overriding feeling upon discovering Galleria Continua / Les Moulins, near Boissy-le-Châtel, an international art gallery belonging to an ensemble of renowned sites in Italy, China, Brazil, Cuba and elsewhere.

Occupying a former paper factory once supplying the chic stationery shops of Paris, Galleria Continua takes advantage of its spectacularly spacious spaces to present monumental artworks. Here, contemporary creation questions, moves, disconcerts, shocks.

Each exhibition space serves a separate function, thus enjoying its own architectural and spatial identity. Galleria Continua hosts in situ projects by such international artists as Etel Adnan, Kader Attia, Daniel Buren, Subodh Gupta, Anish Kapoor, Kiki Smith, and many more.

From season to season, stop by to contemplate monumental creations by artists from all four corners of the world.

www.galleriacontinua.com





@marneetgondoiretourisme





the RENTILLY CULTURAL

PARK - MICHEL CHARTIER

A CONTEMPORARY ART CENTRE IN AN ARTWORK

Michel Chartier raised eyebrows this year by transforming his château into a contemporary art centre.

You're sure to be dazzled by this astonishing architecture with its reflective facades, a magical second skin of mirrors. More than a simple restoration, the work by Xavier Veilhan, in collaboration with the architects Bona and Lemercier and the scenographer Alexis Bertrand, immerses the château within the landscape of its park. Inside, two levels covering 500 sqm host a variety of temporary exhibitions all year long.

Three free festivals punctuate the centre's calendar:

'PrinTemps de Paroles', on 25 & 26 May, paying tribute to street art, dance, theatre, music and the circus.

'Automne Jazz', from 9 to 13 October, lending jazz centre stage.

'Frisson Baroque', from 31 January to 4 February, dedicated to the baroque arts.

A FESTIVE TERRITORY



SEINE-ET-MARNE'S SURPRISING SUMMER FESTIVALS COMBINE ART, MUSIC, DANCE AND GASTRONOMY TO CREATE UNFORGETTABLY OUT-OF-THE-ORDINARY EXPERIENCES. **GET READY TO BE AWED, INSPIRED AND ENCHANTED!**

LA DOUVE BLANCHE ÉGREVILLE

> 5 to 7 July 2024

Égreville Castle's medieval moats host the 10th edition of 'La Douve Blanche' festival marrying music and cuisine. A unique opportunity to delight one's ears as well as one's stomach, with a feast of talented chefs, a 'culinary stage', and numerous food trucks.

The festival's musical menu presents a savoury selection of virtuosos combining the electric and the acoustic: Polo & Pan, Agar Agar, Birth of Joy, Rendez-vous, Cabaret Contemporain, and more!

www.ladouveblanche.com

FESTIVAL DE L'HISTOIRE DE L'ART

FONTAINEBLEAU

> 31 May to 2 June 2024

Over 250 guests and thousands of festival-goers sharing a common passion for art history. 2024's sport-themed festival hosts Mexico as its quest country, with over 250 activities scheduled. A free festival welcoming all art history enthusiasts

www.festivaldelhistoiredelart.fr/ en/2024-edition

ACT' ART EN FÊTE

> 1st weekend of September 2024

The Act'art association welcomes artists-in-residence in Seine-et-Marne all year long, and hosts a multidisciplinary events programme combining dance, the circus, music, the fine arts and theatre. For an entire weekend, the 'Act'art en Fête' festival will present leading artists from the European art scene alongside local departmental talents.

www.actart77.com



FESTIVAL DES 2 RIVIÈRES

LA FERTÉ-SOUS-JOUARRE

> 14 to 16 June 2024

The festival's name refers to two rivers, the Petit Morin and the Marne, flowing through La Ferté-sous-Jouarre. A festival combining street music. international headliners. free performances and tourist outings. The 2024 edition welcomes to the stage such stars as MC Solaar. Féfé and Yuri Buenaventura!

www.fertejazz.com



MARVELLOUS ISLAND

TORCY BEACH

> 18 & 19 May 2024

Seine-et-Marne's 'must event' for electronic-music lovers, Marvellous Island promises the department its yearly dose of dopamine! The 2024 edition will offer the unique opportunity to dance on the Torcy Beach, rubbing shoulders with the Vaires-sur-Marne Olympic centre, two months prior to the Olympic Games. Yuksek, Artbat, Miss Monique, Lilly Palmer... nearly 90 performers on 5 separate stages.

www.marvellous-island.fr/en



DJANG REINHARDT **FESTIVAL**

FONTAINEBLEAU

> 27 to 30 June 2024

44th edition of this international jazz festival named after Django Reinhardt, the world's most famous gypsy jazz musician, who spent the final years of his life in nearby Samois-sur-Seine. The Bois d'Hyver Meadow within the Fontainebleau Palace park serves as the verdant setting for these four melodious days.

www.festivaldjangoreinhardt.com



This year, discover Mélodie Gardot, grande dame of contemporary jazz





THOMERY

> 6 July to 31 August 2024

A young festival dedicated to feminine creation, in the heart of the park of the Rosa Bonheur château in Thomery. This special site that saw the renowned animal painter blossom over a century ago, today pursues her artistic heritage by highlighting past and current female creators. www.chateau-rosa-bonheur.fr





SAY CHEESE(S)!

SEINE-ET-MARNE'IS FAMOUS FOR ITS BRIE CHEESES... BUT NOT ONLY! CREAMY, MOUSSY, UNCTUOUS... taste them all!

THE BRIES **OF SEINE-ET-MARNE**

Seine-et-Marne is inseparable from its Bries! There exist several varieties, whose names evoke the department's cities: Meaux (PDO), Melun (PDO), Provins, Coulommiers, Montereau, Nangis... These soft cow's-milk cheeses with their flowery rinds were a flavourful favourite of Charlemagne's, and remain an essential component of any self-respecting cheese platter.

BRIE DE MELUN

Considered the ancestor of all Bries, the Brie de Melun has enjoyed its own PDO since 1980. Its flavour stands out from the other Bries for being particularly pronounced. It's generally savoured at the end of a meal, and best accompanied by a solid yet elegant red wine, such as a Gaillac. Burgundy, Côtes du Rhône or Saint-Nicolas-de-Bourgueil.

COUL MMIERS

Coulommiers, also known as Brie petit moule ('small disc Brie'), was first created to solve the delivery worries engendered by the larger Bries. To be savoured at any time of day, Coulommiers is best accompanied by a light red or a dry white wine such as a Petit Chablis.

FOCUS ON THE 'MAISON DU BRIE DE MEAUX'

MEAUX

Reconstructions and staged exhibitions will allow you to explore the history of this renowned cheese. Discover the various stages of its manufacture, from collecting the milk to ageing in the cellar. You'll also comprehend the current challenges facing this artisanal PDO cheese, proudly represented by its 'Brie de Meaux Brotherhood'. All year long, this culinary cultural centre hosts activities for cheesecurious visitors, with workshops, tastings, exhibitions, guided tours for all ages, etc.

www.meaux-marne-ourcg.com



BRIE DE MEAUX

The so-called 'King of Cheeses', Brie de Meaux has enjoyed its own PDO since 1980 and is produced in the region stretching from the Brie plains all the way to the mighty Meuse. Named after the territory of Brie and the town of Meaux, Brie de Meaux is well-balanced, at once mild and wonderfully aromatic. Often savoured at the end of a meal, this Brie is also an essential ingredient in several regional dishes. Best accompanied by a fruity red wine, such as a Saint-Estèphe, Côte de Beaune or Beaujolais.

FONTAINEBLEAU

Fontainebleau – also known as Bellifontain or Crémet – is a famous voluptuous mousse created in the town of the same name. However, the recipe was never officialised and still retains a few mysteries. This fromage frais of cow's milk and whipped cream is thought to have been born in the late 18th century in an old milk depository. Savoury and unctuous, it lends freshness and lightness to starters, quiches, veloutés, etc. Beloved by numerous chefs, Fontainebleau can also be enjoyed as a dessert, either plain or with icing sugar, syrup or coulis.



OUR 3 RECOMMENDATIONS FOR DELICIOUS BRIES



FROMAGERIE GANOT **JOUARRE**

The oldest ager in all of Brie (since 1895). At this cheese dairy, the fifth generation of affineurs produce Brie de Coulommiers, Brie de Meaux (PDO), Brie de Melun (PDO)... Taste some Brie Noir (also known as queule cassée or 'busted mug', in reference to the First World War), a French version of aged parmesan.

Book your visit



FROMAGERIE SAINT-FARON

This small cheese dairy of only 10 employees is named after Saint Faron, the 7th-century bishop of Meaux. Awarded in 2017 the prestigious Prix d'Excellence at the Paris Agricultural Fair, this cheese dairy actively preserves the ancestral techniques for the manufacture of Brie.

For more information



FERME DE LA VALLIÈRE **TANCROU**

Gourmands with a preference for goat's milk cheeses will head for the on-site boutique of the 'Ferme de la Vallière' in Tancrou, offering a delicious diversity of chèvres: crottins, bûches, tomettes, pyramides, and more! Three of the farm's cheeses were awarded at the 2023 regional artisanal cheese competition: gold medals for the tomme Saint-Donatien and the plain yoghurt, and a bronze for the crottin frais. All year long, the farm welcomes visitors for tours of the working dairy watch them milk the goats!

www.fermedelavalliere.fr



SAVOURY AND/OR SWEET

MEAUX MUSTARD

MFALIX

Manufacturers of mustard have been present in Meaux ever since the 18th century, notably J.B. Pommery. In 1760, a dignitary of the Meaux chapter house shared with the manufacturer its secret recipe for this one-of-a-kind condiment, proudly present upon the French royal table since 1632! Meaux mustard comprises ground seeds of the Sinapis nigra mixed with water, vinegar, herbs and spices.

Roll up your (children's) sleeves for the 'Little Mustard-Maker' workshop at the Maison du Brie de Meaux!



BARLEY SUGARS

MORET-SUR-LOING

Created in 1638 by Benedictine nuns during the reign of King Louis XIII, barley sugar sweets have remained the same ever since, with the original ancestral recipe kept secret through the centuries. Napoleon Bonaparte gobbled them up, Sarah Bernhardt would never walk onto the stage without first warming her voice with a barley sugar, while Aristide Briant, Jean Jaurès and André Mauriac all made pilgrimages to Moret-sur-Loing in honour of this special sweet.



SEINE-ET-MARNE BEERS

Artisanal micro-breweries continue to bloom in Seine-et-Marne, with notably La Bellifontaine, the beer of Meaux and Provins, and the brews of the Brasserie Rabourdin, awarded no less than twenty medals at the prestigious Paris Agricultural Fair! Not to mention La Gâtine, with its subtle touch of honey, and La Pachamama beer of Fontainebleau inspired by the forest's fragrances... and its rock climbing!

THE PROVINS ROSE

PROVINS

This rose has been the pride of Provins ever since the 19th century, renowned for its medicinal properties and used by the period's apothecaries for many of their remedies. Today, the flower is especially prized by confectioners, as well as for cosmetics. prisée en cosmétique.



NIFLETTE

PROVINS

The niflette is a speciality pastry from Provins, in Seine-et-Marne. Sold by the delicious dozen, these flaky pastries are covered in a voluptuous pastry cream, either plain or orange-blossom flavoured. Niflettes were originally handed out to orphans outside cemeteries: the term niflette is derived from the Latin ne flete! or 'don't cry!'

Today, the pastry chefs of Provins continue the tradition, still preparing this confection every November.

Not to miss: the Niflette Festival every 11 November in Provins!

NEMOURS POPPIES

NEMOURS

This colourful flower has given birth to several local specialities, such as poppy liqueur, syrup, vinegar, candied poppies, and poppy-flavoured sweets and chocolates.

TEA TIME

RELAXING IN A TEAROOM (OR CAFÉ) CONSTITUTES A MAGICAL BREAK IN WHICH THE ENCHANTING SMELLS OF YOUR WARM DRINK MIX WITH THE CONVIVIAL ATMOSPHERE CONDUCIVE TO CONTEMPLATION OR DELICIOUS DAY DREAMING.

CHEZ ELEMIAH FONTAINEBLEAU

This alternative vegan tearoom is nestled within an intimate courtyard on 3 Rue des Trois Maillets. Come taste the various Kodamá teas, warm delicious plant-based drinks, local artisanal beers and organic wines, served with homemade pastries.

www.chezelemiah.fr



THÉ ART CAFÉ LAGNY

Located on Place de la Fontaine, this hybrid space is a convivial café in the morning, a restaurant at noon, a tearoom at teatime, and a trendy bar at the end of the day... Be sure to try the caramel macchiato, the selection of Kusmi teas, and their own designer bagels. Also, concerts every Tuesday evening!

www.theartcafelagny.com





ROSLINA CAFÉ ET THÉ

MORET-SUR-LOING

Roslina is the story of three young women who first founded a mobile eco-café resting upon a tricycle and well-known among the locals, followed by this tearoom (and café) on 1 Rue du Peintre. The sisters themselves assemble the teas and prepare the pastries, guiches and out-of-the-ordinary sandwiches.

www.roslinacafe.fr



LA LIBRAIRIE CAFÉ

CRÉCY-LA-CHAPELLE

A tearoom and bookshop with a view of the tranquil Grand Morin River. Select a good read, sit yourself comfortably down, and sip your tea as time stands deliciously still...

www.lalibrairiecafe.com



LA JUXTAPOSITION BARBIZON

A warm, cosy place perfect for a convivial break. Savour their Christine Dattner teas and quality coffees from the Belleville roaster in Paris, not to mention their fine pastries prepared by Frédéric Cassel.

www.la-juxtaposition.com





Many more places for discerning gourmands to discover!

AS FOR CHOCOLATE...

3 MOUTH-WATERING DESTINATIONS

CRÉNEAUX CHOCOLAT **PROVINS**

Well hidden within a lane of the upper town, the laboratory-shop run by Jérôme relies first and foremost on word of mouth. With a little luck, you'll discover the master chocolatemaker 'hard at work', in the midst of confecting one of his signature ganaches flavoured with rose water, yuzu, whisky, or some other subtle inspiration.

Discover (





LA BOUTIQUE DU QUAI

SAINT-MAMMÈS

A surprising pastry-andchocolate shop, recently set up in the former lobby of the Saint-Mammès railway station, which daily welcomes some 800 travellers. Sophie, 'Miss Pastry', and Romuald, 'Mr Chocolate', chose this unexpected site to together embark upon their gourmand journey!

Discover (



CHOC LAT CHAPON

With Patrice Chapon, one first discusses cocoa before talking chocolate. This passionate chocolatier travels far and wide in search of the very best beans, from the plantations to the roasters. One of only a handful of French chocolatiers mastering the entire chocolate-making process.

www.chocolat-chapon.com



our TALENTED **CHEFS SHINING STARS**

IN SEINE-ET-MARNE, OUR MICHELIN-STARRED CHEFS SPOTLIGHT THE DEPARTMENT'S GASTRONOMY WITH THEIR TALENT AND CREATIVITY, OFFERING RESTAURANT-GOERS AN UNFORGETTABLE CULINARY **EXPERIENCE. DISCOVER THEIR RESTAURANTS** MARRYING EXCELLENCE WITH TRADITION, TO TITILLATE EVEN THE MOST DEMANDING TASTEBUDS.

LE QUINCANGROGNE

DAMPMART

Franck Charpentier, head chef of Le Quincangrogne, combines his passion, an exceptional cuisine and a unique setting for a most refined dining experience. One Michelin® star since 2018.

www.hotel-restaurantlequincangrogne.fr/?lang=en





CChef-de-cuisine and pastry chef Alain Pavard subtly marries diverse flavours to create a refined personalised menu.

awarded one Michelin® star since 1995.

www.aubergedelabrie.net





LA VIELLE AUBERGE VILLENEUVE-LE-COMTE

While the ambiance remains convivial at this family-run restaurant-inn, Nicolas has taken the place of his father in La Vielle Auberge's kitchen with an eminently innovative approach: surprise 'tasting menus', local produce and a spirit of constant creation. One Michelin® star since March 2024.

'We ask our diners if they have any intolerances, any allergies, or any dishes they don't like. Then, we ask them to trust us, to savour new flavours and to be guided along from A to Z.'

The Michelin® Guide accorded La Vielle Auberge a special commendation for its cheese platter of some fifty varieties!

www.la-vieille-auberge-77.com



L'AXEL

FONTAINEBLEAU

Since a child. Chef Kunihisa Goto had dreamt of working in France and intimately immersing himself in French gastronomy. At the age of 25. he left his native Japan for France, where in 2012 he would open his own restaurant in Fontainebleau, creating a marriage of flavours straddling Japanese and French gastronomies. His determination and hard work have paid off deliciously, with the Michelin® Guide awarding his cuisine a precious star.

www.laxel-restaurant.com



the GOURMAND MUST-EVENTS FOR 2024

INTERNATIONAL CHEESE AND WINE FAIR

COULOMMIERS

> 22 to 25 March 2024

Cheeses, wines and all the quality produce that the territory of Coulommiers has offered generations of foodies. 200 exhibitors and artisans of the culinary arts will pay tribute to regional and national wine and cheese specialities.

www.foire-fromages-et-vins.com

BRIE HAPPY

> 12 & 13 October 2024

All weekend long, discover the history and inimitable taste of this ancestral cheese of international renown. Meet the territory's cheesemakers and, shopping basket in hand, stroll about the must-see terroir market held in the heart of the episcopal city. The city of Meaux will pay joyous tribute to its favourite cheese through a veritable platter of gastronomic activities organised by the local shopkeepers and restaurateurs

www meaux-marne-ourcg com

FÊTE DE LA NIFLETTE PROVINS

> 11 November 2024

This sweet Provins speciality is thought to date all the way back to the Middle Ages and All Saints' Day! The 'Niflette Festival' pays delicious tribute to the town's beloved pastry, with workshops, demonstrations, a gastronomic market, live jazz and activities for the entire family.

www.provins.net



MELUN CELEBRATES ITS BRIE

MELUN

> 5 October 2024

Melun celebrates its Brie every first Saturday of October, with tastings, competitions and activities spotlighting the Brie de Melun, but not only! Take the opportunity to taste delicious local produce, as well as gastronomic specialities from all over France!

To learn more (



IMPÉRIAL CHOCOLAT AT CHÂTEAU DE FONTAINEBLEAU

FONTAINEBLEAU

> 9 to 11 November 2024

Following the sweet success of its six first editions, the 'Imperial Chocolate & Gastronomy' fair returns to the Château de Fontainebleau. Under the presidency of Frédéric Cassel, the internationally famous pastry chef and chocolatier, a dozen leading chocolate makers and some twenty artisans of fine gastronomy from both France and abroad, will take part in this grand gourmand gathering.

imperialchocolat-fontainebleau.fr





BECOME AN ARTISAN FOR A DAY

FINE CRAFTSMEN AND WOMEN EXPLORE OFT ANCESTRAL TECHNIQUES, **DEVELOPING A UNIQUE EXPERTISE...** Observe their hypnotic skills

In Seine-et-Marne, fine artisans and gastronomes comprise designers, inventors, curators, and much more! Often unsuspected and little known, but eminently talented and ingenious, these enthusiasts are closer than you think...

ARTISANS OF THE CULINARY

ONCE UPON A TIME, IN THE GOURMAND PARADISE, **CULINARY CREATORS...** titillating our tastebuds

BEES AND HONEY

LAGNY-SUR-MARNE

The boutique 'Abeilles et Miel' is two brothers, Nicolas and Rémi, who in 2012 set up their beehives in Seine-et-Marne, in Paris at the foot of the Tour Montparnasse, and elsewhere in France where they wander. Honey-flavoured sweets and beer, honey soaps, bees' wax and candles all await discovery in their shop, not to mention a great variety of artisanal honeys.

THEIR LITTLE EXTRA: Ever keen to raise environmental awareness, Rémi and Nicolas offer businesses the opportunity to rent one or more of their hives and so join a collective (and delicious) project! They also host educational initiations, to share their passion for and introduce others to the fascinating world of bees, including beekeeping and tastings of their honey-based products. A true delight for epicureans in search of new natural flavours and fragrances.

www.abeilles-miel.com





The 'Artisan du Tourisme' quality label

In December 2023, 54 artisans were awarded the Artisan du Tourisme label guaranteeing quality, proximity and hospitality. This label spotlights those artisans offering thematic visits, convivial tastings and 'discovery workshops'.

Discover all the 'Artisans of Tourism'



LE FOURNIL DU BOIS PIGET

At 'Le Fournil du Bois Piget' in Dormelles in southern Seine-et-Marne, Gilles and Sabrine Derosin offer foodies their artisanal breads prepared on the farm. The wheat is grown according to the principles of organic farming, then stone-milled according to the ancestral technique that these artisans of the soil and of the oven are keen to conserve through their quality farming and baking!

THEIR LITTLE EXTRA: And if you've always dreamed of making your own delicious bread, learn how to prepare an organic French baguette or brioche at a fun breadmaking workshop with Sabine and Gilles. Discover every step of the bread-making process, from preparing the yeast to kneading the dough to finally baking the bread!

Facebook.com/LeBoisPiget







MICROBRASSERIE SECOND DEGRÉ

MAGNY-LE-HONGRE

Hoppy brews for all tastes, prepared on-site using quality local ingredients. This Seine-et-Marne brewery boasts no less than 10 draft beers, with a plethora of styles to discover. During your convivial on-site tasting, learn all about the beer-making process, explained by the brewery's very own enthusiasts!

THEIR LITTLE EXTRA: Become a brewer for a day, in the company of Ludwig and Nicolas, the brewery's artisan magicians. Learn how to prepare your very own organic beer, at this brewery placing sustainability at the heart of its production. A delicious day of creativity and conviviality.

www.auseconddegre.shop



FINE ARTS & CRAFTS MEN AND WOMEN

NOBLE MATERIALS, INNOVATIVE IDEAS, AND THE DESIRE TO SHARE THEIR PASSION... DISCOVER OUR ARTISAN MAGICIANS WITH MORE THAN ONE TRICK UP THEIR SLEEVES!

THE CHAMPÊTRE FLOWER FARM LA GRANDE-PAROISSE

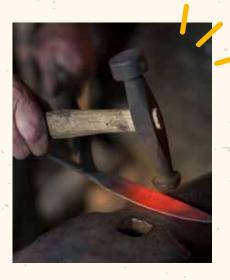
Champêtre is a flower farm in the Seine River Valley. Its flowers are grown organically, respecting the natural cycle of the seasons and sold both fresh and dried, in bunches or bouquets. Champêtre lends fragrant colour to everyday life and special occasions, selling its flowers both directly on-site at the farm and at local markets. Floral creations for particular events, flower-arrangement workshops, personalised floral decorations, etc. This singular farm is run by Isabelle, who enthusiastically describes herself as a 'flower farmer'.

THEIR LITTLE EXTRA: Workshops and courses are offered, for creating 100% local bouquets and lovely decorations of dried flowers. To treat others or yourself, lending interior décors a trendy floral touch!

www.champetre-fermeflorale.fr







LES COUTELIERS **DE FONTAINEBLEAU**

GENEVRAYE

Yann and Renaud have joined forces around their shared passion for knives! From preparing the personalised pieces to their final sharpening, they strive to manufacture knives of the finest quality, drawing inspiration from the rocks and boulders of the Fontainebleau Forest (with their Grimpeur or 'Climber' knife) or from the history of Napoleon Bonaparte, another local fixture. Lovers of artisanal tradition, they create everyday objects liable to become veritable lifetime companions. When the branch of a family garden's tree is used to shape an heirloom passed down from generation to generation, something special has been crafted, sharply testifying to several lives lived.

THEIR LITTLE EXTRA: To further pursue your apprenticeship, book a full-day or 3-day course to shape and sharpen your very own knife! Choosing your piece's materials and then crafting it yourself, will not only prove an enriching experience, but you'll also come away with a special handmade memory to keep in your pocket!

www.lescouteliersdefontainebleau.fr



LA TERRE DE BALTHAZAR

PROVINS

'Choosing your cup in the morning, is like choosing the clothes you'll wear that day.' Séverine shapes the words on her Facebook page as she shapes the ceramics in her studio. Hand-turned and hand-thrown stoneware, decorative slips, and other ceramic techniques allow her to create one-of-a-kind pieces in small series. At her boutique, you'll find artisanal crockery, unique decorative objects, and colourful creations for your garden.

HER LITTLE EXTRA: Séverine also hosts workshops and lessons for hand-shaping your very own pottery, sharing with you the various techniques to lend ceramic form to your imagination. A relaxing, otherworldly experience.

www.laterredebalthazar.com





JULIEN COLB C FINE WOODWORKER

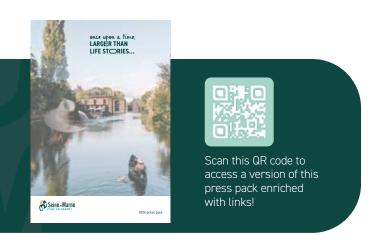
ACHÈRES-LE-FORÊT

A sculptor and fine worker of wood for over 20 years, Julien creates inspired objects from this most noble of natural materials. He employs ancestral skills complemented by more modern techniques to create his sculptures and everyday objects from green wood. His sustainable approach favours environmentally responsible forestry and the elimination of any waste in his own studio and workshop.

HIS LITTLE EXTRA: At his studio, in his garden, or out in the Fontainebleau Forest, test your dexterity in shaping your very own wooden spoon or stool. Julien's on-site workshops are excellent for combining creation and utility, all while reconnecting with nature, if only for the space of a few rewarding hours.

www.juliencolboc.com





YOUR PRESS CONTACT FOR MORE INFORMATION



